

# HEADLINE NEWS

Ascension Florida Ministry

October 3, 2018

## Flu Shots Required for Associates

To assist associates in receiving their mandatory annual flu vaccines, Ascension Florida's six hospitals will hold clinics at the following locations and times:

- **St. Vincent's Clay County:** Oct. 18 and Nov. 8 from 7 a.m. to 3 p.m. in Associate Health
- **St. Vincent's Riverside:** October 4, 11, and 25, Nov. 1, and Nov. 15 from 7:30 a.m. to 2:30 p.m. in Conference Room 10-047 (two doors down from Associate Health)
- **St. Vincent's Southside:** Oct. 10, Oct. 24, Nov. 7 and Nov. 14 from 7 a.m. to noon in the Associate Health, Roger Main building (Room 220)



At St. Vincent's, flu shots will also be available at the benefits fairs on each campus. Check the intranet for details.

- **Sacred Heart Hospital Pensacola:** Oct. 10 from 6 a.m. to 7 p.m. in the Greenhut Auditorium; Oct. 19 from 6 a.m. to 7 p.m. in the MedStaff Conference Room; and Oct. 29 from 6 a.m. to 7 p.m. in the MedStaff Conference Room.
- **Sacred Heart Hospital on the Emerald Coast:** Oct. 10 from 7 a.m. to 3 p.m. in HR; Oct. 16 from 7 a.m. to 1 p.m. in the Atrium; Oct. 17 and Oct. 24 from 7 a.m. to 3 p.m. in HR; Oct. 30 from 7 a.m. to 1 p.m. in the Atrium; and Oct. 31 from 7 a.m. to 3 p.m. in HR.
- **Sacred Heart Hospital on the Gulf:** Oct. 9, Oct. 16 and Oct. 22 from 7 a.m. to 1 p.m. in Administration. On Oct. 29, look for the traveling flu-shot cart. SHHG questions? Contact John Griggs at 850-229-5620.

## Open Houses Planned for New St. Vincent's Health Centers

The St. Vincent's Health Center on Jacksonville's Westside is now open. The health center offers urgent care, primary care, imaging and lab services. Patients can also schedule appointments online for primary care and urgent care.

A health center in Arlington also recently opened, which features urgent care, primary care and lab services.

There will be open house events at both locations on Saturday, Oct. 20, from 10 a.m. to 12:30 p.m. The Westside location is at 6488 103rd Street and the Arlington location is at 858 Monument Road.



*May the favor of the Lord  
our God rest upon us; establish  
the work of our hands for us --  
yes, Lord, establish the work  
of our hands.*

Psalm 90:17

## Tiny Incisions for the Smallest Patients

At only 8 months old, Maci Lynn has endured more hospital stays and surgical procedures than a child her age should. Fortunately, for a recent surgery to repair weak spots in her abdomen, her pediatric surgeon utilized a robotic surgical system that resulted in smaller scars and quicker recovery time for the infant.

Dr. Bryan Weidner, a pediatric surgeon at The Studer Family Children's Hospital at Sacred Heart, is the first doctor in the region to perform robotic surgery on a patient as young as Maci. "Robotic surgery allows me to make tiny incisions – less than an inch – that translate to less postoperative pain and hospital stay for the patient," Dr. Weidner said.



*Maci rebounds after surgery.*

When operating on infants, surgeons work in confined surgical space. "There's not a lot of room," he explained. "The da Vinci Surgical System increases my visibility by generating a magnified, high-definition 3D view of the surgical site.

"With Maci's second surgery, the da Vinci Surgical System enhanced my ability to operate in a hard-to-reach place with more accuracy and precision," he said. "Without this tool, her surgery would have required a large, four-inch upside down 'U' incision that would have taken twice as long to heal."

## SHHP Names Interim CNO

Amy Smallwood, DNP, RN, has been appointed to serve in the interim chief nursing officer (CNO) role for Sacred Heart Hospital Pensacola. She will fill the role held by Terrie Fontenot, who was recently selected as the CNO for Ascension Florida.



Originally from Pensacola, Amy began her nursing career at Sacred Heart Hospital in 2005 after graduating with her bachelor's degree in Nursing from Florida State University. After a few years working as a bedside nurse, Amy transitioned to a nurse manager role in 2007. In 2014, Amy was promoted to a director of nursing position and later to associate chief nursing officer.

## New Manager of Formation, Spirituality

Mary Ann Townson, RN, BSN, has joined Ascension Florida as a new manager of Formation and Organizational Workplace Spirituality. She is based at Sacred Heart Health System.



Mary Ann has more than 28 years of experience in the field of Catholic healthcare. Prior to joining the Ascension Florida ministry, she served as director of Mission Integration for nearly five years at Providence Hospital in Mobile.

She began her career at Providence as an RN in the cardiovascular lab. She earned board certification as a cardiovascular nurse and taught ACLS and CPR. She then transferred to Education and, later, Organizational Development.

## 3D Mammography Now Available at St. Vincent's Riverside

St. Vincent's is now offering 3D mammography at the Josephine H. Bryan Breast Health Center at St. Vincent's Riverside. The new 3Dimensions™ mammography system is more accurate than conventional 2D mammograms. SmartHealth covers the cost of a 3D mammogram as well as many other insurance plans.



Sacred Heart recently added a 3D mammography system at the Pace location of the Ann Baroco Center for Breast Health.

## BRA Day Coming Up

As part of Breast Reconstruction Awareness Day, or BRA Day, St. Vincent's is holding an event this month for women who are interested in learning more about reconstruction options after breast cancer-related mastectomies. Survivor "models" will share their reconstruction experience in a private setting to give women a better idea of what each reconstruction option entails. Physicians will be available to answer any questions. BRA Day is Oct. 17 from 6 to 8 p.m. at WJCT Studios.



## Sacred Heart Welcomes New Physicians



Dr. Henry Roqué, a maternal-fetal medicine specialist, has joined Sacred Heart Medical Group. He serves patients at the Regional Perinatal Center and Sacred Heart's high-risk pregnancy unit on the Pensacola campus. He also offers outpatient consultations and genetic counseling at offices in Pensacola, Crestview, Fort Walton Beach and Miramar Beach.

Dr. Roqué comes to Northwest Florida from Mercy Medical Center in Springfield, Mass., where his roles included director of perinatology and medical director of the Family Life Center. He previously served as an attending instructor for Harvard Medical School, chair of the obstetrics leadership committee and clinical director of labor-and-delivery at Beth Israel Deaconess Medical Center in Boston, and an assistant professor at the University of Connecticut Health Center.

Dr. George Gregory Ross, an internal medicine physician, has joined the Medical Group's practice in Freeport. Dr. Ross earned his medical degree from the University of South Carolina School of Medicine. He completed residency training in internal medicine through the University of Virginia in Roanoke, Va. He has more than 25 years of inpatient and outpatient internal medicine experience, including as the chief of staff and medical director of Valley Health Page Memorial Hospital in Luray, Va.



## St. Vincent's Expands Primary Care on Northside

St. Vincent's Primary Care on Jacksonville's Northside off Edgewood Avenue welcomes two new physicians.

Dr. Tanielle Brew graduated with a MS from the University of West Georgia and received her medical degree from Morehouse School of Medicine. Dr. Brew completed her residency at St. Vincent's Family Medicine Residency Program. Her professional interests include family medicine and pediatrics.



Dr. Luther Quarles IV graduated with a MS from Drexel University College of Medicine, and received his DO from Philadelphia College of Osteopathic Medicine. Dr. Quarles completed his post-graduate training at the Integrated Family Medicine and Neuromusculoskeletal Medicine residency program at Southampton Hospital. His professional interests include family medicine, osteopathic manipulative medicine and sports medicine.

## Deadline Extended for Carol Wilder Pitman Nursing Recognition Society Awards

The deadline to submit nominations for the Carol Wilder Pitman Nursing Awards has been extended to Oct. 9. The program honors direct-care nurses who exemplify St. Vincent's core values through providing compassionate nursing care. Award criteria include:

- Practices patient-centered care
- Leads by personal example and a positive spirit
- Consistently meets patient and family needs through integration of skills, knowledge, professionalism, compassion and tenderness
- Overcomes challenges through a positive, caring and nurturing attitude for the benefit of others



All full-time registered nurses or licensed practical nurses at St. Vincent's HealthCare who provide direct patient care and have been employed with us for at least one year are eligible for this award. The nomination form can be found on the St. Vincent's intranet.

## Dr. Bush Selected to Lead Residency Program

Dr. Suzanne Bush has been selected to serve as program director the University of Florida Ob/Gyn Residency Program at Sacred Heart. She has worked with residency program since 1990 and in leadership roles since 2006. In that time, she has won numerous teaching awards in both medical student and resident education.



She graduated with her medical degree from the University of Alabama at Birmingham School of Medicine. She completed her residency training in obstetrics and gynecology at Sacred Heart Hospital Pensacola and Tulane Charity Hospital in New Orleans.

## Surgeons Open New Locations at Perdido and Tiger Point

Appointments with Sacred Heart Medical Group (SHMG) general surgeons are now available at the Perdido and Tiger Point medical parks, making services more convenient for patients who previously had to drive to the Pensacola campus for appointments.



Sacred Heart Medical Park at Perdido

SHMG's general surgery team includes Dr. Glenn Summers, Dr. David Kaderis, Dr. Eric Roberts, Dr. Meredith Shaddix, Dr. Cristina Guerra and Dr. Katherine Parikh.

## Happy 25th Birthday to Early Steps

Congratulations to the Early Steps program at Sacred Heart which has been helping children with developmental delays and their parents for 25 years. Each year, the state-funded program, located on the Sacred Heart campus in Pensacola, provides early intervention services to more than 800 children from birth to 3 years old from Escambia, Santa Rosa, Okaloosa and Walton counties. Services are provided at no cost to families.

The Early Steps team starts by evaluating each child's physical, cognitive, communication, social, emotional, adaptive and motor-skill development. Families are then paired with a service coordinator, family resource specialist and -- if needed -- a development specialist, occupational therapist, physical therapist or speech-language pathologist.

## Bob Cook Retiring



Please join St. Vincent's HealthCare in saying farewell to Bob Cook, director of the respiratory service line, on Thursday, Oct. 4, as he retires after 24 years. He will be honored from 2 to 4 p.m. at St. Vincent's Riverside in the Shircliff Board Room.

Bob started at St. Vincent's in July 1994 as the manager of pulmonary care. In 2015, he became the system director of respiratory services and then transitioned into his current role. Bob has contributed greatly to the growth of our pulmonary care and respiratory services over the years.

## Nina Jeffords Honored During Retirement Luncheon

A retirement luncheon was held Monday for Nina Jeffords, CNO of Sacred Heart Hospital on the Emerald Coast. Fellow associates celebrated her remarkable career and wished her well as she looks back on 37 years of service with Ascension. Nina was part of the original leadership team that opened SHHEC in 2003 and played a vital role in making the hospital a national leader in patient satisfaction.

Barbara Jeanne (BJ) Fontaine, previously the manager of Quality and Patient Safety, will assume the position of vice president of Nursing for SHHEC effective Oct. 7.



SHHEC President Roger Hall presents Nina with a beautiful crystal plaque in remembrance of her time with Sacred Heart.