

# News Bulletin

August 15, 2017

## Welcome Pediatric Hospitalist

Dr. Adriana Fernandez Bowman is The Children's Hospital's newest pediatric hospitalist, overseeing the care of children in the hospital's inpatient pediatric units.

Dr. Fernandez graduated with her bachelor's degree in language studies from the University of California at Santa Cruz, where she focused on Spanish with a minor in German. She received her medical degree and a certificate of public health from the University of New Mexico School of Medicine in Albuquerque, New Mexico. Dr. Fernandez completed her residency training in pediatrics through The Studer Family Children's Hospital at Sacred Heart, which is affiliated with the University of Florida College of Medicine.

The Children's Hospital's pediatric hospitalist program provides 24/7 onsite physician coverage of inpatient pediatric units. This gives sick and injured children the highest and safest level of care -- which can only be found in a children's hospital like Sacred Heart -- and leads to better outcomes.

## Back-to-School Health Fair

The Children's Hospital will host a Back-to-School Health Fair on Saturday, Aug. 26 from 8 a.m. to noon. The event will include free school immunizations (while supplies last) and free school-entry physicals for kindergarten and first-time Florida students, as well as health screenings, face painting, character greetings and educational information. Availability is limited. Slots are offered on a first-come, first-served basis.

The Back-to-School Health Fair will be held in the Greenhut Auditorium at Sacred Heart Hospital, located at 5151 N. Ninth Ave. in Pensacola. Guests are advised to use the Ninth Avenue parking garage. For more information, call 850-416-4368.

## Sacred Heart Offers Grow Family Health Organizer

Sacred Heart Health System has launched a free mobile service called the Grow Family Health Organizer to help parents across the region manage health information and track personalized milestones conveniently from their smart phones.

To offer the Grow app, Sacred Heart has partnered with Everyday Health, the leading health media company behind the global parenting and pregnancy brand What To Expect When You're Expecting, and Wildflower Health, a mobile health software provider. The Grow Family Health Organizer is a mobile application designed to help manage family health, with features that:

- Track key health milestones for each member of the family, personalized by age, gender and more
- See what screenings and vaccinations each family member should have
- Keep a calendar of all family appointments and medical treatments
- Organize a running list of questions to ask at upcoming doctor appointments
- Share information with other family members

"We launched this app with mothers in mind because they often manage the health of the whole family," said Dr. Roger Poitras, Chief Strategy Officer for Sacred Heart Health System. "The Grow Family Health Organizer is a powerful tool on a mom's smartphone, making it easy to track health milestones for every family member and connect with local health services."

To download the free app, text "Grow" to (850) 378-3811 or search "GROW Family Health" in the Apple Store or Google Play.

UF Health and Sacred Heart are collaborating to provide an expanded range of specialized pediatric care, with the goal of building a regional pediatric physicians' network that ultimately stretches from Pascagoula, Mississippi, to Apalachicola, Florida. Physicians representing the following pediatric specialties have signed with Sacred Heart and/or UF Health:

- Pediatric cardiology
- Pediatric gastroenterology
- Pediatric hematology/oncology
- Pediatric nephrology
- Pediatric orthopedic surgery
- Pediatric pulmonology
- Pediatric urology

For more information or to schedule an appointment, please call 850-416-1575.



Andrew Boulos, MD is this year's chief resident in pediatrics at The Studer Family Children's Hospital at Sacred Heart. He has trained through the University of Florida pediatric residency program for the past three years. After graduating from the University of Florida with a bachelor's of science in microbiology, Dr. Boulos completed his medical degree at the University of Miami Miller School of Medicine and then returned to UF for residency. As chief resident at Sacred Heart, Dr. Boulos will be rotating through different pediatric specialties and learning from our highly skilled team of providers. We are happy to have Chief Resident Boulos as part of our team.

## Construction

Construction is underway on the footings and columns of the new children's hospital. This is expected to take the next 4-6 weeks, depending on weather. Our contractors will then finish pouring concrete for the foundation!

***For questions or suggestions of topics to cover in this newsletter, please contact:***

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## Annual Preemie Cup to Benefit Neonatal Intensive Care Unit

Sacred Heart Foundation's annual Preemie Cup fundraiser is coming up! Funds raised will go towards the expansion of the Level II and Level III NICU inside the new Children's Hospital. The schedule is as follows:

Thursday, Aug. 24: Preemie Cup Pre-Party & Silent Auction from 6 to 9 p.m. at The Lee House in downtown Pensacola with catering by The Fish House. Enjoy a light buffet, entertainment and a cash bar along with the silent auction.

Saturday, Aug. 26:

-Fishing Tournament at Pensacola Yacht Club Sailing Center. Lines in at 5 a.m. Weigh-ins set for 1 to 5 p.m. Registration fee: \$20, single entry; free for children 12 and under. Awards will be presented following the tournament.

-Preemie Cup Paddle Relay from 9 a.m. to 12 p.m. on Pensacola Beach at Horizon Beach Service Dock on Little Sabine Bay (across from the Margaritaville Beach Hotel). Entry fees: \$25, single entry; \$65, team of three participants. Boards will be provided, and awards will be presented after the event.

-Preemie Cup Regatta at noon on Pensacola Bay. Entry fee: \$40; open to all classes. Awards will be presented after the regatta at the Pensacola Yacht Club Sailing Center.

"These events will bring families together for a day of play on the water while supporting the incredible pediatric care Sacred Heart provides to the children of our community," said Carol Carlan, president of Sacred Heart Foundation.

For information, registration, tournament rules and guidelines, call 850-416-4661 or visit [www.preemiecup.com](http://www.preemiecup.com).

